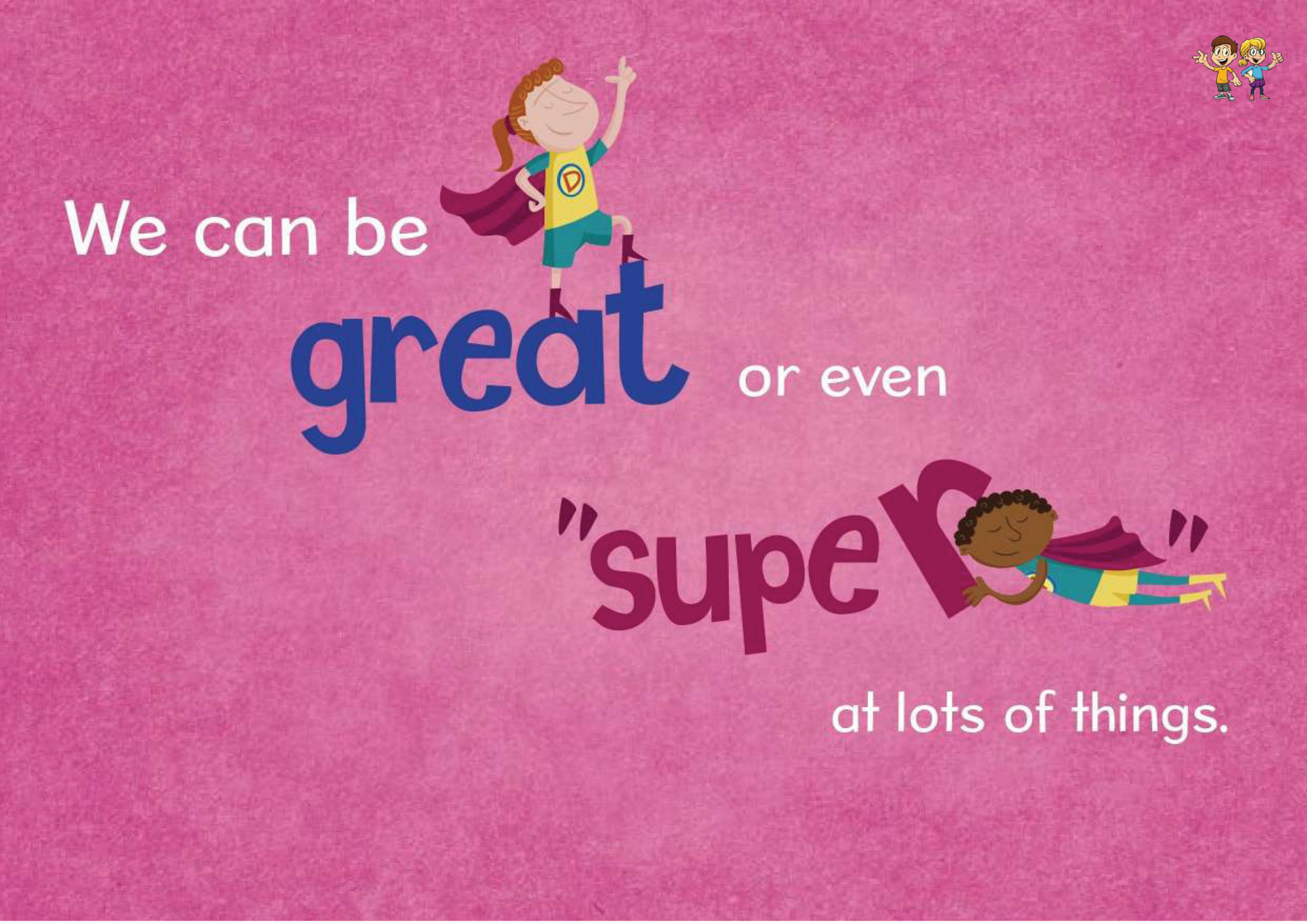

We can be
great
or even
"super"
at lots of things.

Issue No. 5
April 2023

BRAIN TRAIN MAGAZINE

LEARN SMARTER WITH A DYSLEXIC BRAIN

www.sparklebuds.com

VISIT…

LANZAROTE

Caliente.COM

Hello Beautiful People!

Welcome to Brain Train! We're thrilled to have you with us as we embark on this exciting journey to support and empower individuals with dyslexia.

Our team of experts has carefully curated each issue of our monthly magazine to offer practical, playful, and engaging activities that will enrich your life and help you gain a better understanding of your unique strengths and abilities.

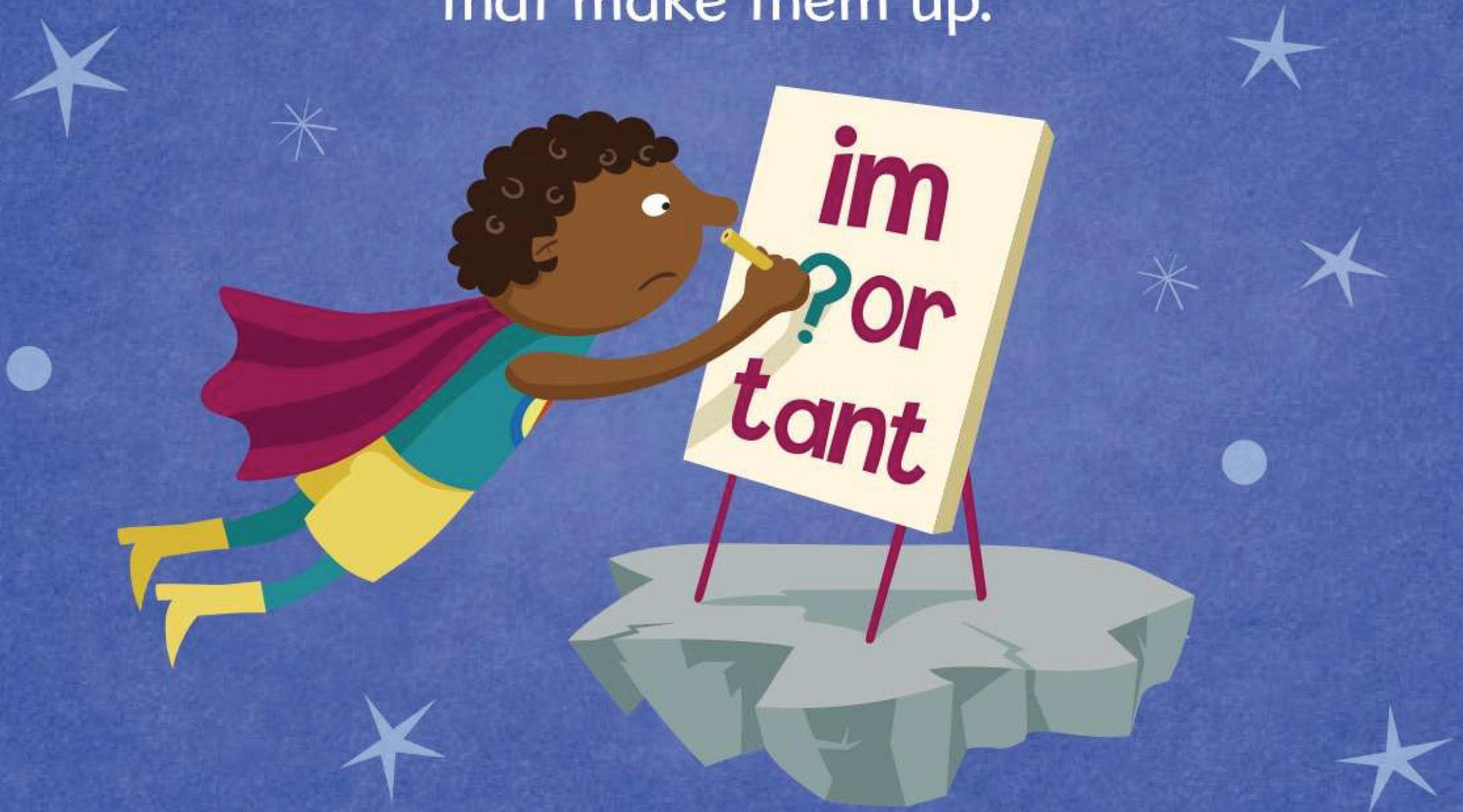
With our love of learning and illustration, we've created fun and interactive activities for all ages, from children to adults. We hope to inspire new generations and help individuals with dyslexia feel more confident and in control.

We're passionate about taking a strength-based approach to dyslexia, and our goal is to help you discover the simple things you can do to feel more empowered and in control of your life.

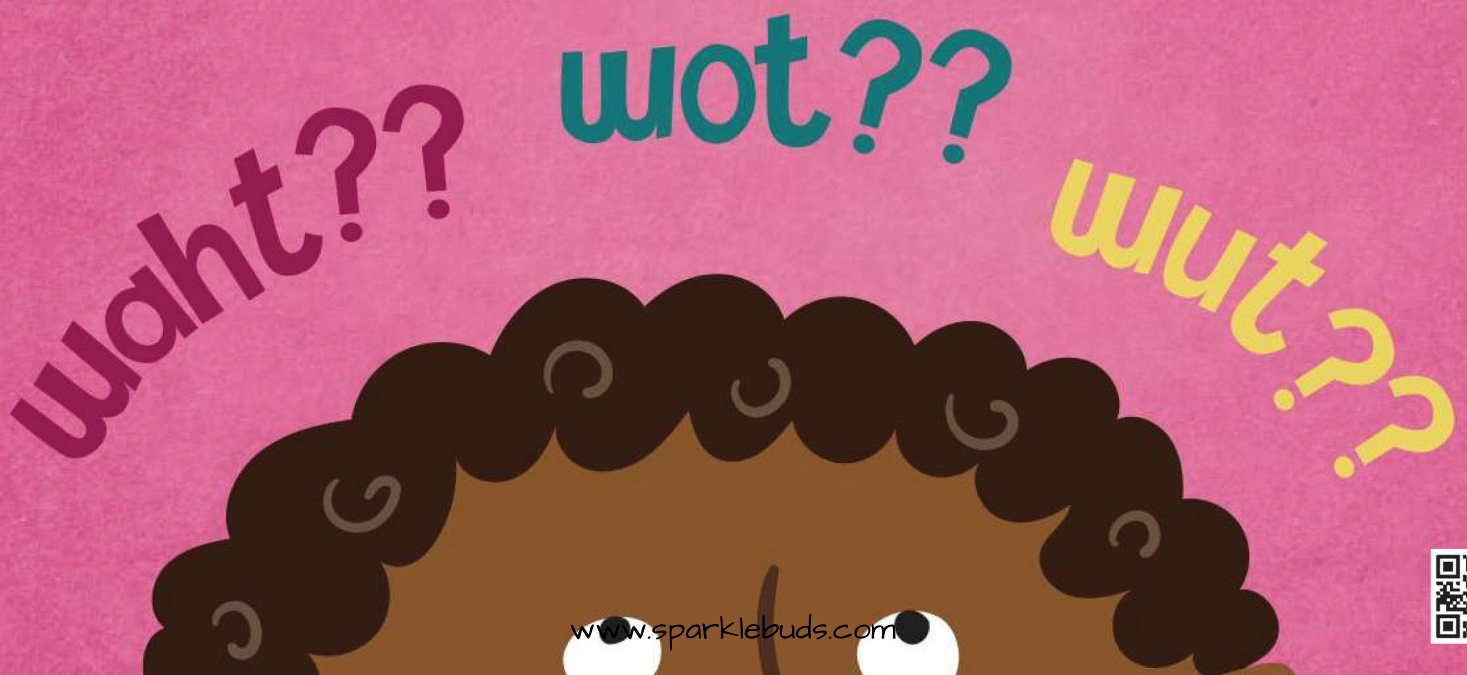
Thank you for being a part of our community, and we look forward to sharing our love of learning and growth with you!

LET'S PLAY & LEARN

Sometimes it's hard for me to spell the words because I am not aware of the sounds that make them up.



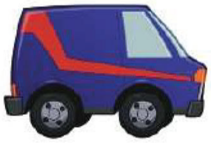
I just can't remember what order the letters should go in for tricky words, or even which letters to use.


waht??
wot??
wut??

FLASHCARDS

To make: 1. Print. 2. Cut along dashes. 3. Fold in half. 4. Stick blank sides together.

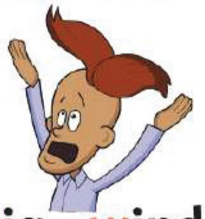
v V



van

V

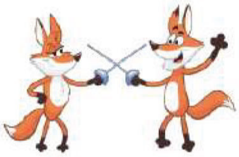
w W



wig in wind

W

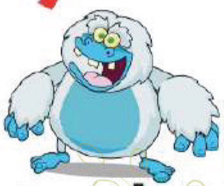
x X



fox

X

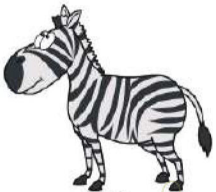
y Y



yeti

y

z Z



zebra

Z

Start by just learning the letter sound. Show the picture. Say the word and the sound, "snake...sss". Be careful to say the sounds

FLASHCARDS

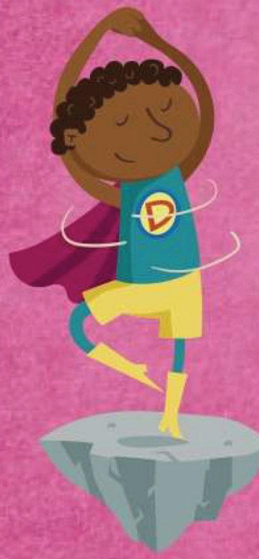
To make: 1. Print. 2. Cut along dashes. 3. Lay out the pieces of the puzzle.

v	e	t
w	i	n
m	i	x
y	e	ll
f	i	zz

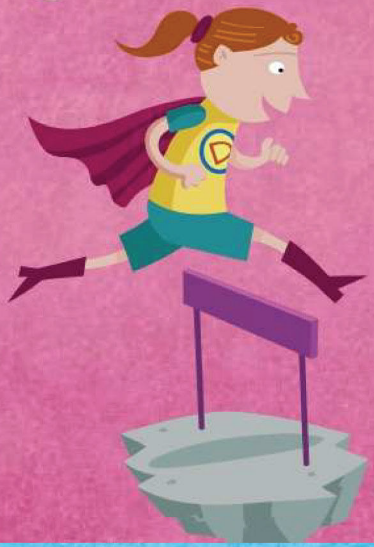
Once you know the sounds, try reading them in words! Lay out all the jigsaw pieces. Join the matching pieces to make a word. When you have made a word, say the sound of each letter and blend them together into a whole word.

Some of us have a good kinesthetic sense, and have become

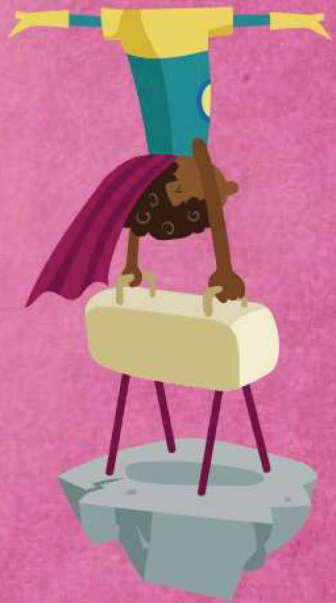
dancers

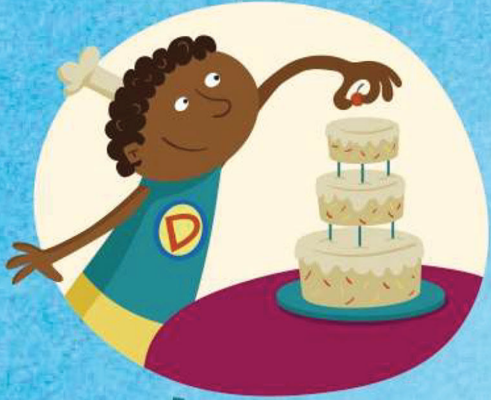


athletes

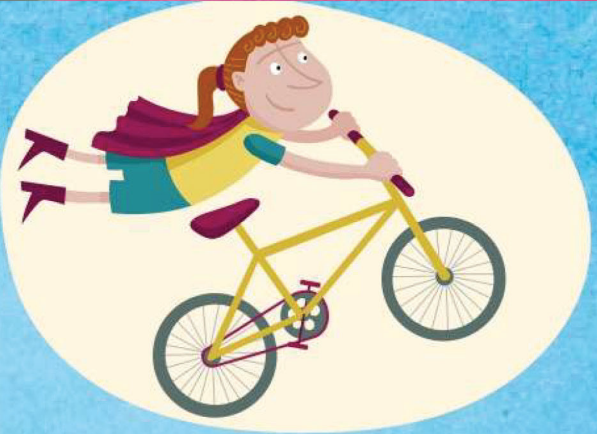


gymnasts

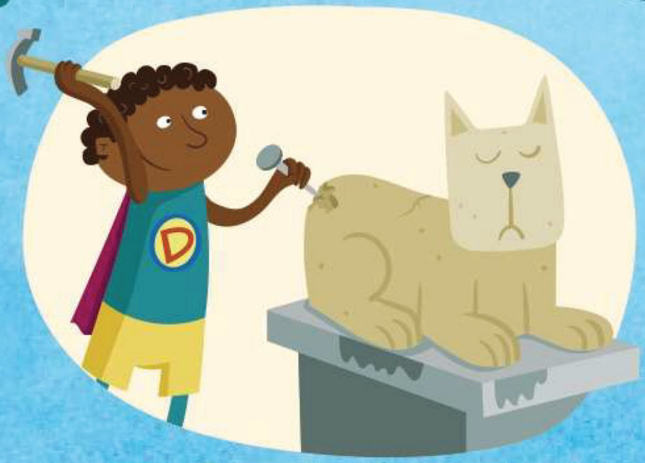




baking



biking



sculpting

Personality of the Month!

Jennifer Aniston
Actress

Who knew one of America's best TV Friends has dyslexia?

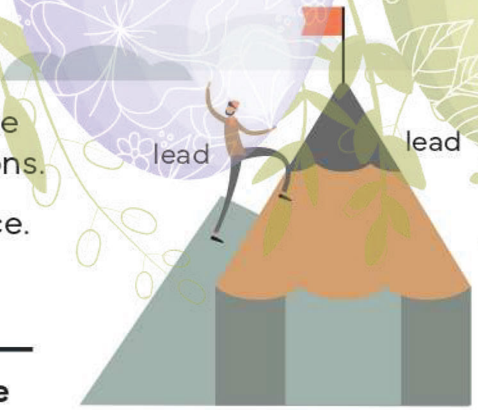
Aniston herself didn't know until she was in her 20s. She says finding out explained why it was so hard to read back in school and why she chose the role of class clown over teacher's pet.

The diagnosis answered a lot of questions. "I felt like all my childhood trauma-dies, tragedies, dramas, were explained," she told The Hollywood Reporter.

Homograph Pairs

Homographs are words that are spelled the same way but have different meanings. They may also have different pronunciations.

Example: The word **lead** can mean to guide someone to a place. It can also mean a thin stick of dark material used in pencils to make marks.



Choose the correct homograph from the word bank and write it next to the corresponding set of clues in each row.

Word Bank: close • object • entrance • bow • wind • permit • live • tear

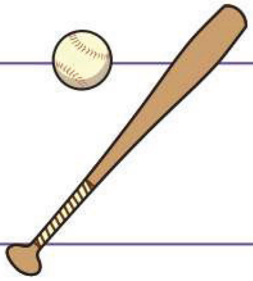
	Clue 1	Clue 2	Homograph
1.	the front of a ship	to bend forward	
2.	to continue to be alive	watching a performance as it happens	
3.	a pass that allows you to do something	to give permission to someone	
4.	a natural movement of air outside	to follow a series of curves and turns	
5.	to disagree with something	an item that you can see and touch	
6.	to fill someone with wonder and delight	a place of entry; a door	
7.	a drop of liquid that comes from your eyes, especially when you cry	to separate or rip something into parts	
8.	to cover the opening of something	near in space; not far away or distant	

Words That Do More Than One Job

Instructions: Many words can be more than one part of speech - they can name something (noun), tell an action (verb) and provide description (adjective or adverb), depending on how they are used in a sentence.

Consider each word and write at least two parts of speech that it can be. Then, use the word in two different sentences showing how it can be used as two parts of speech.

Example



Word: bat

Part of Speech: noun

She hit the ball, threw the bat, then ran to first base.

Part of Speech: verb

The bees were so ferocious, she had to bat at them with both hands.

Word: swing

Part of Speech: ____________________

____

Part of Speech: ____________________

____

Word: color

Part of Speech: ____________________

____

Part of Speech: ____________________

____

Words That Do More Than One Job

Word: drive

Part of Speech: ____________________

____

Part of Speech: ____________________

____

Word: answer

Part of Speech: ____________________

____

Part of Speech: ____________________

____

Now come up with a word on your own.

Word: ____________________

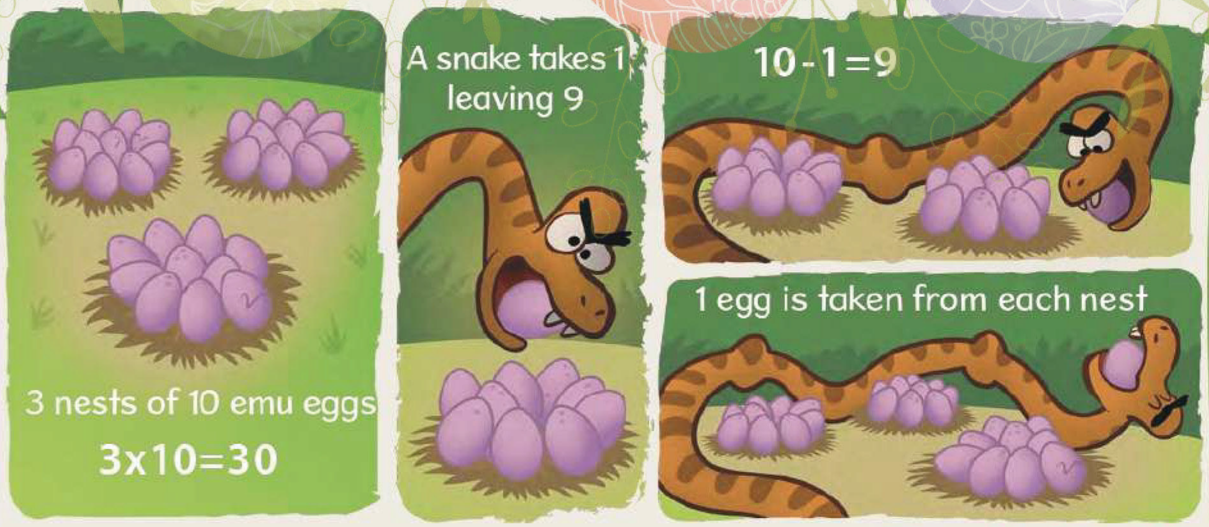
Part of Speech: ____________________

____

Part of Speech: ____________________

____

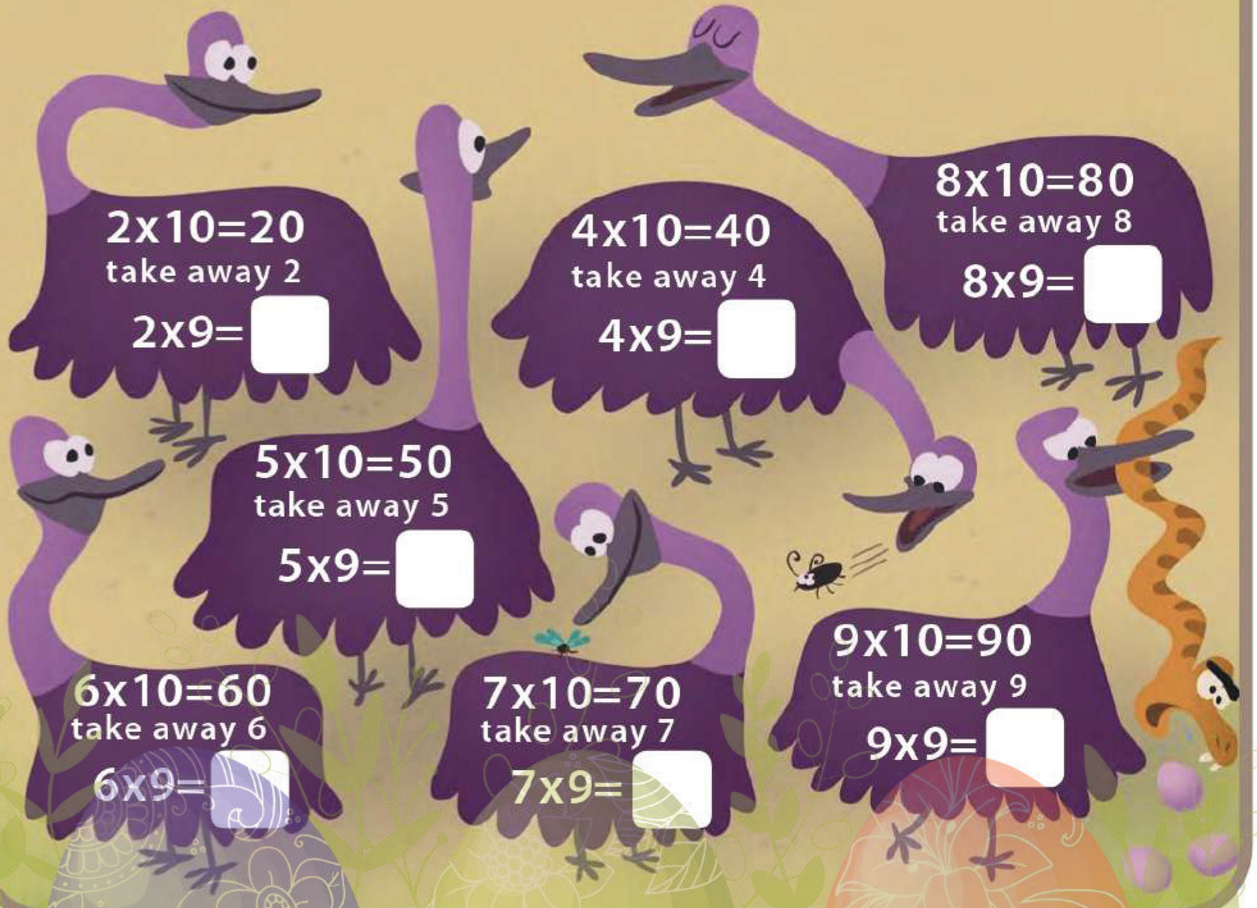
9 is 1 less than 10


3 nests of 10 emu eggs
3x10=30
A snake takes 1 leaving 9
10-1=9
1 egg is taken from each nest

10 is easier to use than 9, work out the answer in 10s then take away 1 from each 10 to get the answer in 9s.

HELP

3x10=30
take away 3
3x9=27



2x10=20
take away 2
2x9= ☐

4x10=40
take away 4
4x9= ☐

8x10=80
take away 8
8x9= ☐

5x10=50
take away 5
5x9= ☐

6x10=60
take away 6
6x9= ☐

7x10=70
take away 7
7x9= ☐

9x10=90
take away 9
9x9= ☐

x9 Speed challenge

The race is on! Fill in the answers as quickly as you can.

Finish
0
9
18
27
36
45
54
63
72
81
90

1x9=

9x1=

9x2=

3x9=

9x3=

4x9=

9x4=

9x5=

5x9=

10x9=

9x10=

6x9=

9x6=

7x9=

9x7=

8x9=

9x8=

9x0=

0x9=

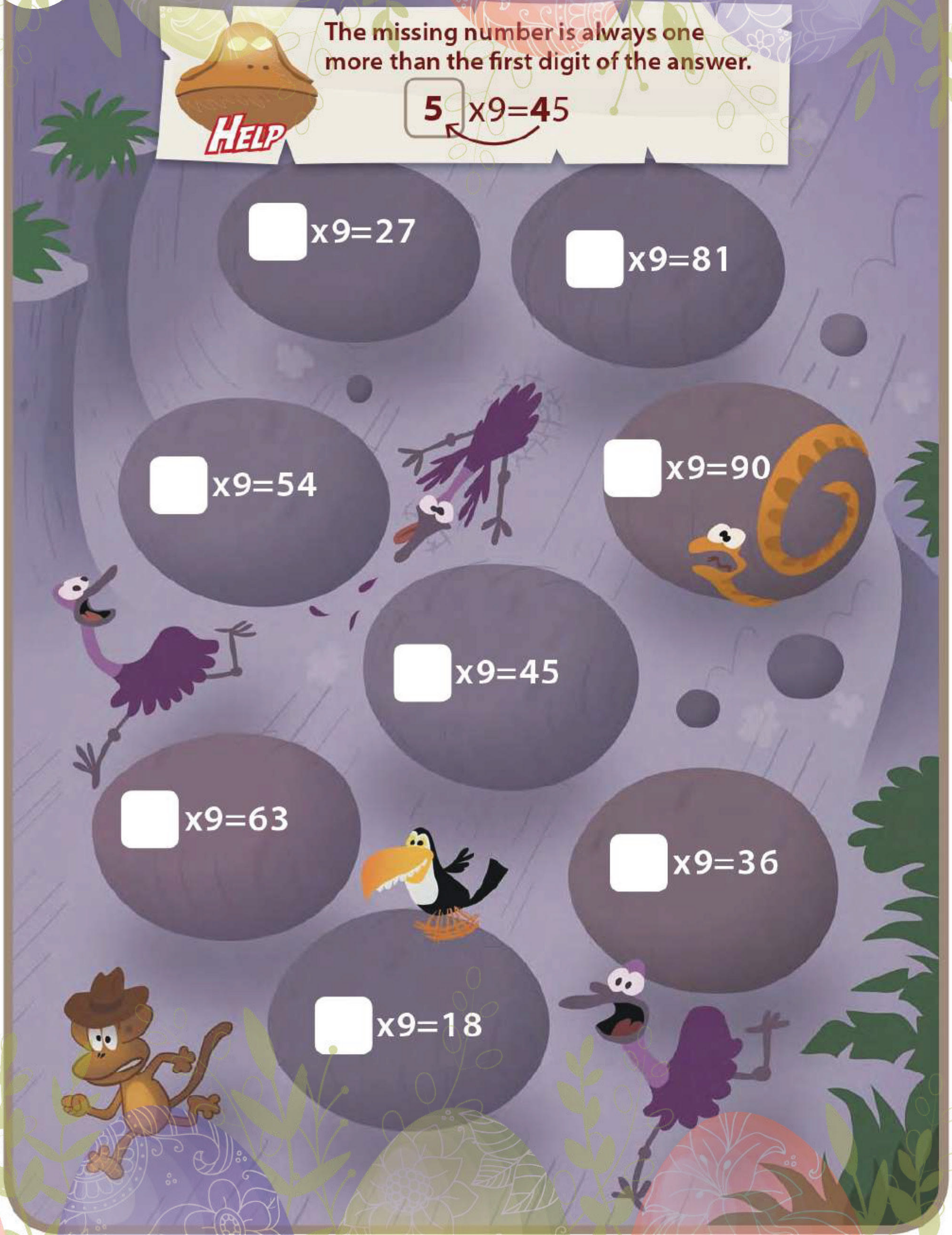
9x9=

Time

______ mins ______ secs

x9 Complete the question

Answer all the boulders to escape?



The missing number is always one more than the first digit of the answer.

$\boxed{5}$ x9=45

☐ x9=27

☐ x9=81

☐ x9=54

☐ x9=90

☐ x9=45

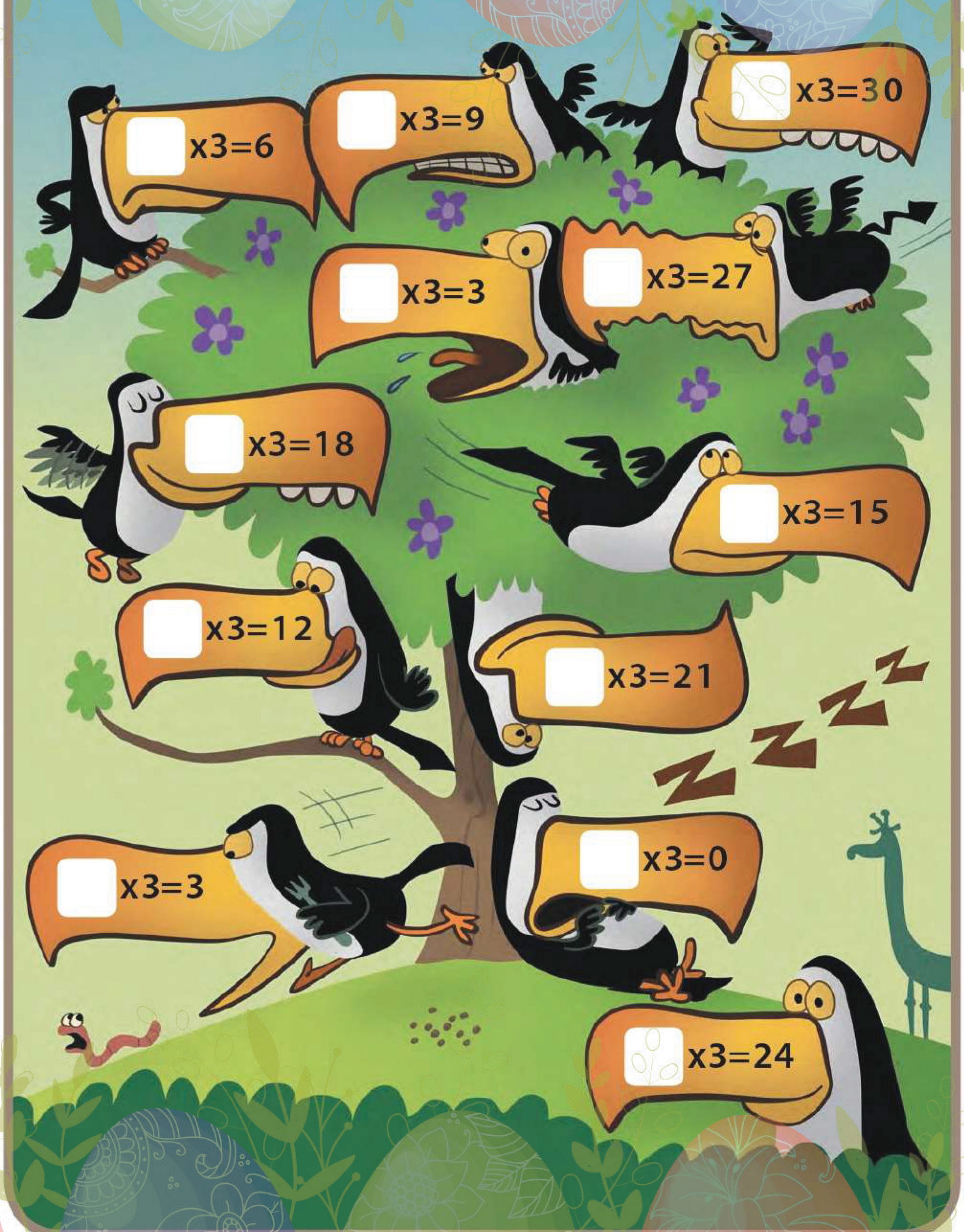
☐ x9=63

☐ x9=36

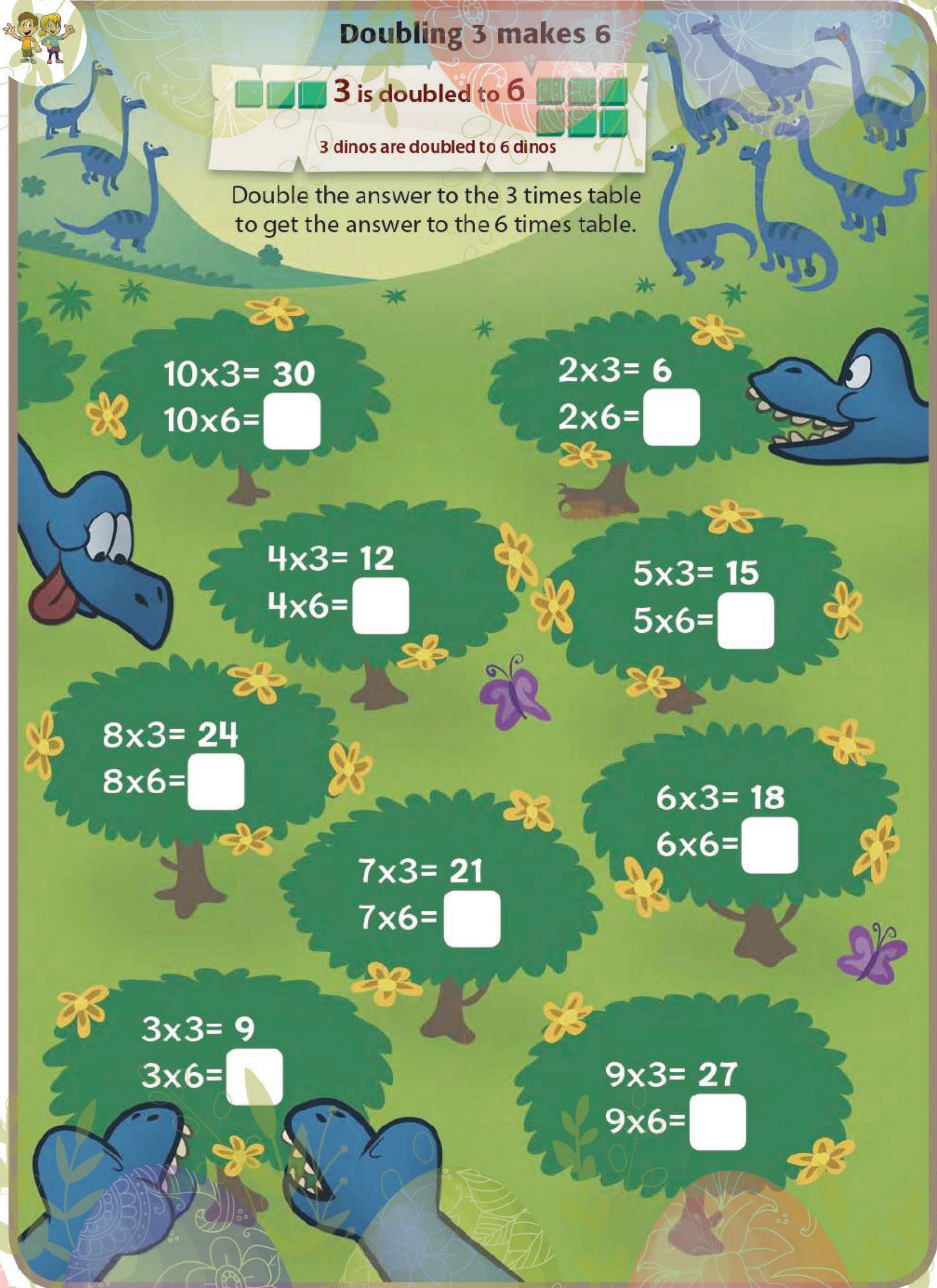
☐ x9=18

x3 Complete the question

Which toucan has eaten the most seed?


☐ x3=6
☐ x3=9
☐ x3=30
☐ x3=3
☐ x3=27
☐ x3=18
☐ x3=15
☐ x3=12
☐ x3=21
☐ x3=3
☐ x3=0
☐ x3=24

Doubling 3 makes 6



🟩🟩🟩 **3 is doubled to 6** 🟩🟩🟩🟩🟩🟩

3 dinos are doubled to 6 dinos

Double the answer to the 3 times table to get the answer to the 6 times table.

10x3= 30
10x6= ☐

2x3= 6
2x6= ☐

4x3= 12
4x6= ☐

5x3= 15
5x6= ☐

8x3= 24
8x6= ☐

6x3= 18
6x6= ☐

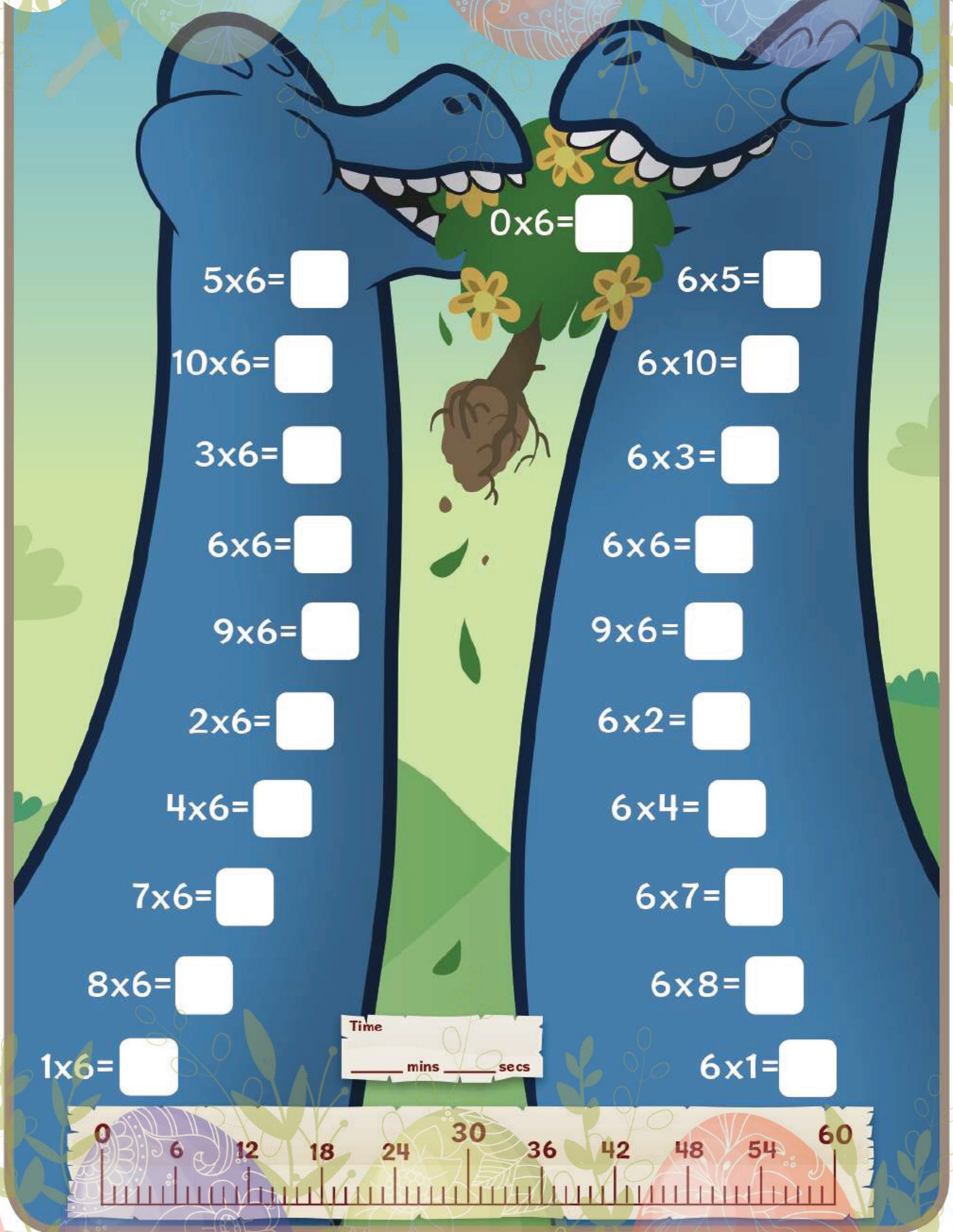
7x3= 21
7x6= ☐

3x3= 9
3x6= ☐

9x3= 27
9x6= ☐

x6 Speed challenge

Get to the top of each dino as quickly as you can.


0
6
12
18
24
30
36
42
48
54
60

0x6= ☐

5x6= ☐ 6x5= ☐

10x6= ☐ 6x10= ☐

3x6= ☐ 6x3= ☐

6x6= ☐ 6x6= ☐

9x6= ☐ 9x6= ☐

2x6= ☐ 6x2= ☐

4x6= ☐ 6x4= ☐

7x6= ☐ 6x7= ☐

8x6= ☐ 6x8= ☐

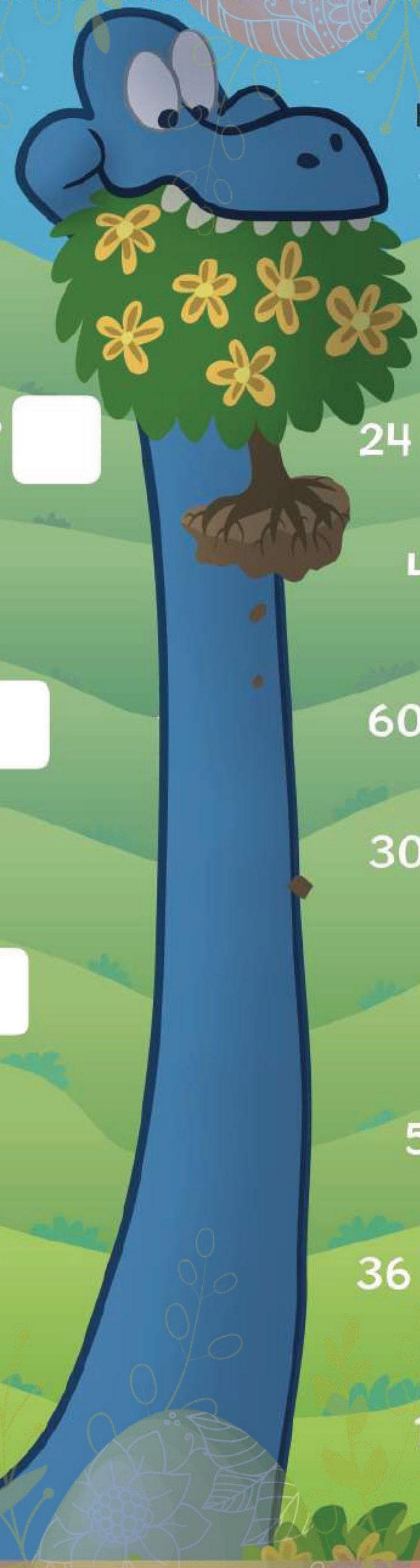
1x6= ☐ 6x1= ☐

Time

_____ mins _____ secs

Dinos eat flowers

There are 6 flowers on each plant.



How many flowers on ...

2 plants? ☐

4 plants? ☐

8 plants? ☐

10 plants? ☐

5 plants? ☐

7 plants? ☐

9 plants? ☐

6 plants? ☐

3 plants? ☐

How many plants are needed to eat ...

12 flowers? ☐

24 flowers? ☐

48 flowers? ☐

60 flowers? ☐

30 flowers? ☐

42 flowers? ☐

54 flowers? ☐

36 flowers? ☐

18 flowers? ☐

x7 Speed challenge

Climb up and release the monkeys without waking Burt.

1x7=☐

9x7=☐

6x7=☐

3x7=☐

8x7=☐

4x7=☐

2x7=☐

10x7=☐

5x7=☐

0x7=☐

7x1=☐

7x8=☐

7x6=☐

7x3=☐

7x8=☐

7x4=☐

7x2=☐

7x10=☐

7x5=☐

7x0=☐

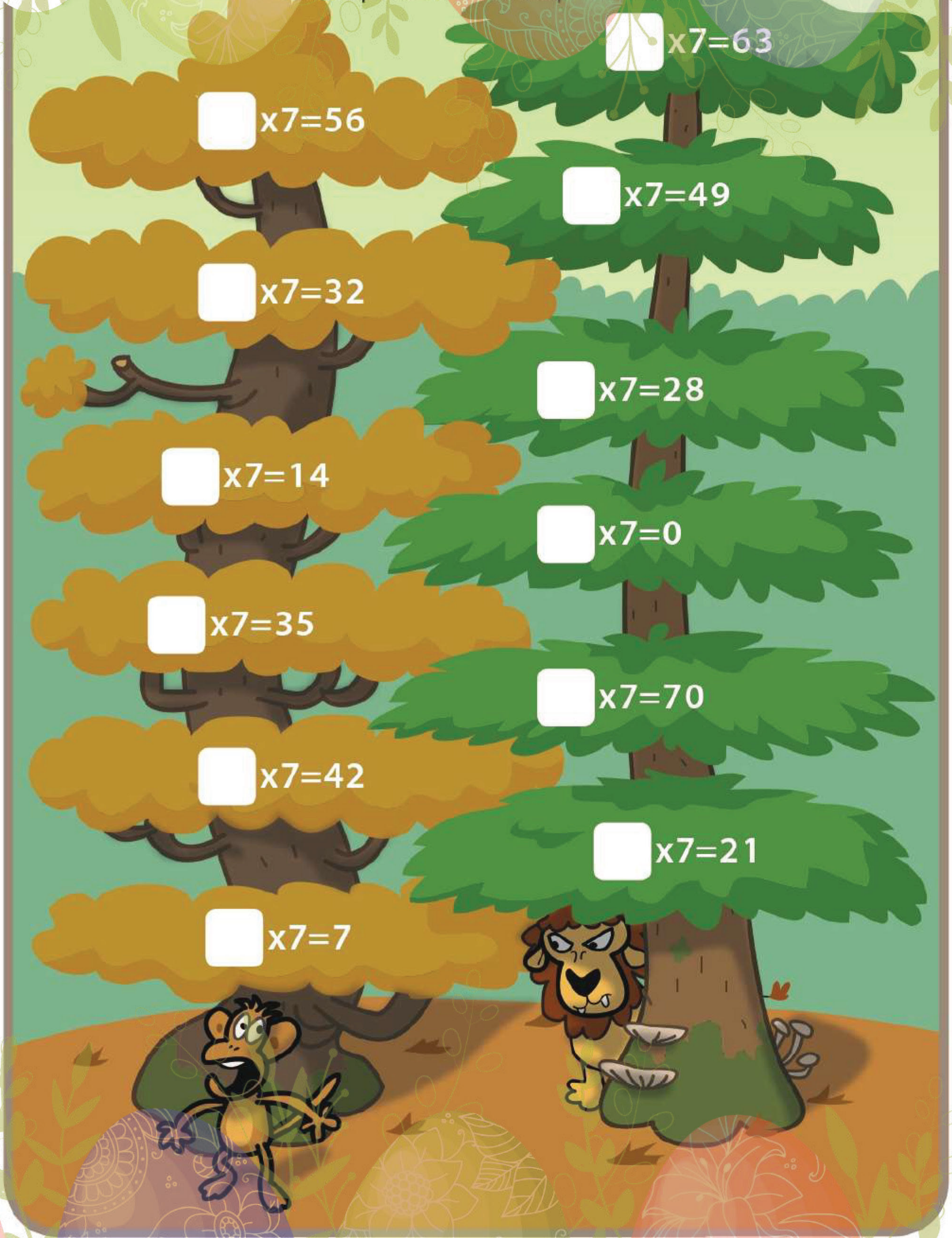
0 7 14 21 28 35 42 49 56 63 70

Time

_____ mins _____ secs

x7 complete the question

Climb up the trees to escape the lion.



☐x7=56

☐x7=32

☐x7=14

☐x7=35

☐x7=42

☐x7=7

☐x7=63

☐x7=49

☐x7=28

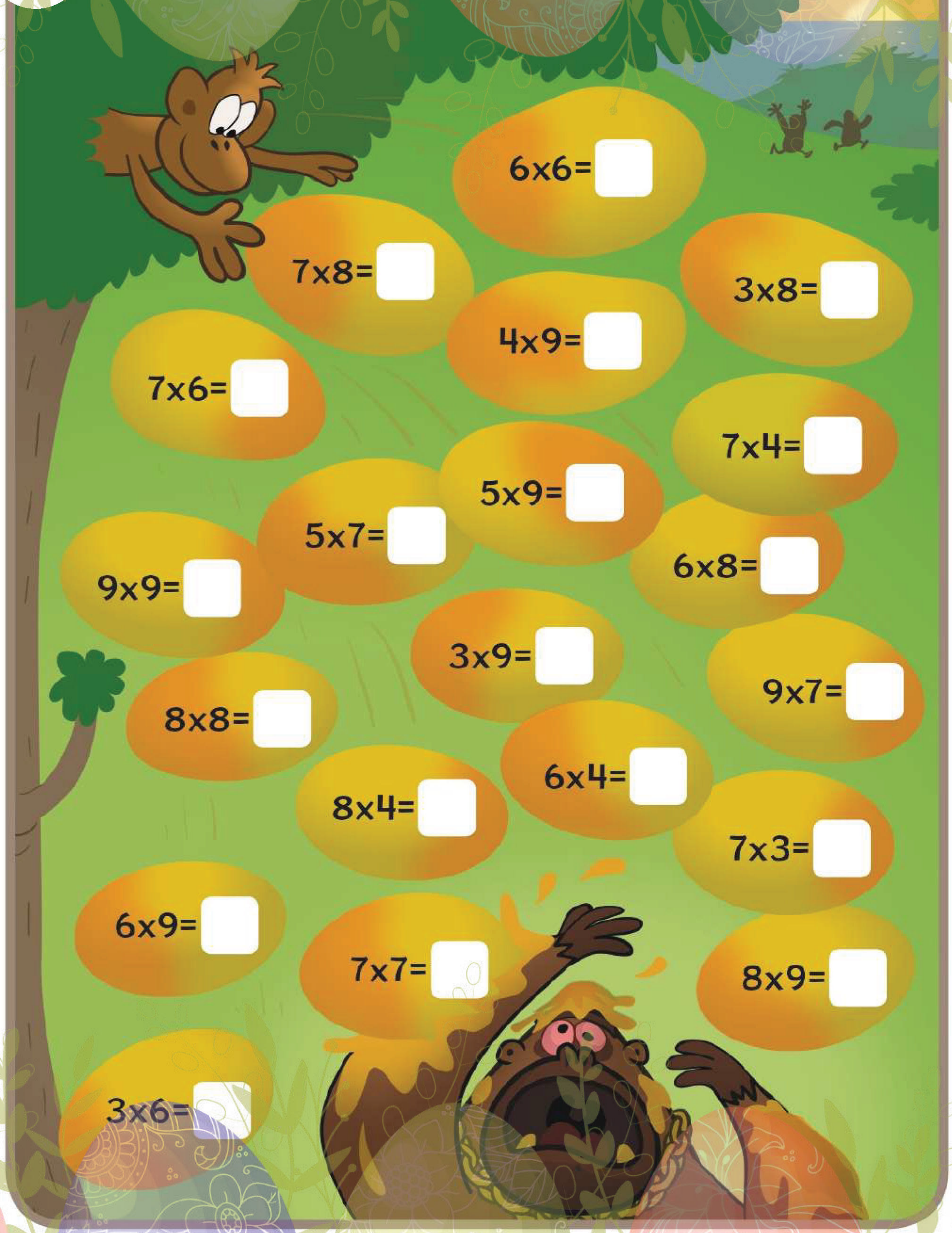
☐x7=0

☐x7=70

☐x7=21

Mixed multiplication challenge

Bombard Burt with all the mangos.



6x6=

7x8=

3x8=

4x9=

7x6=

7x4=

5x9=

5x7=

6x8=

9x9=

3x9=

9x7=

8x8=

6x4=

8x4=

7x3=

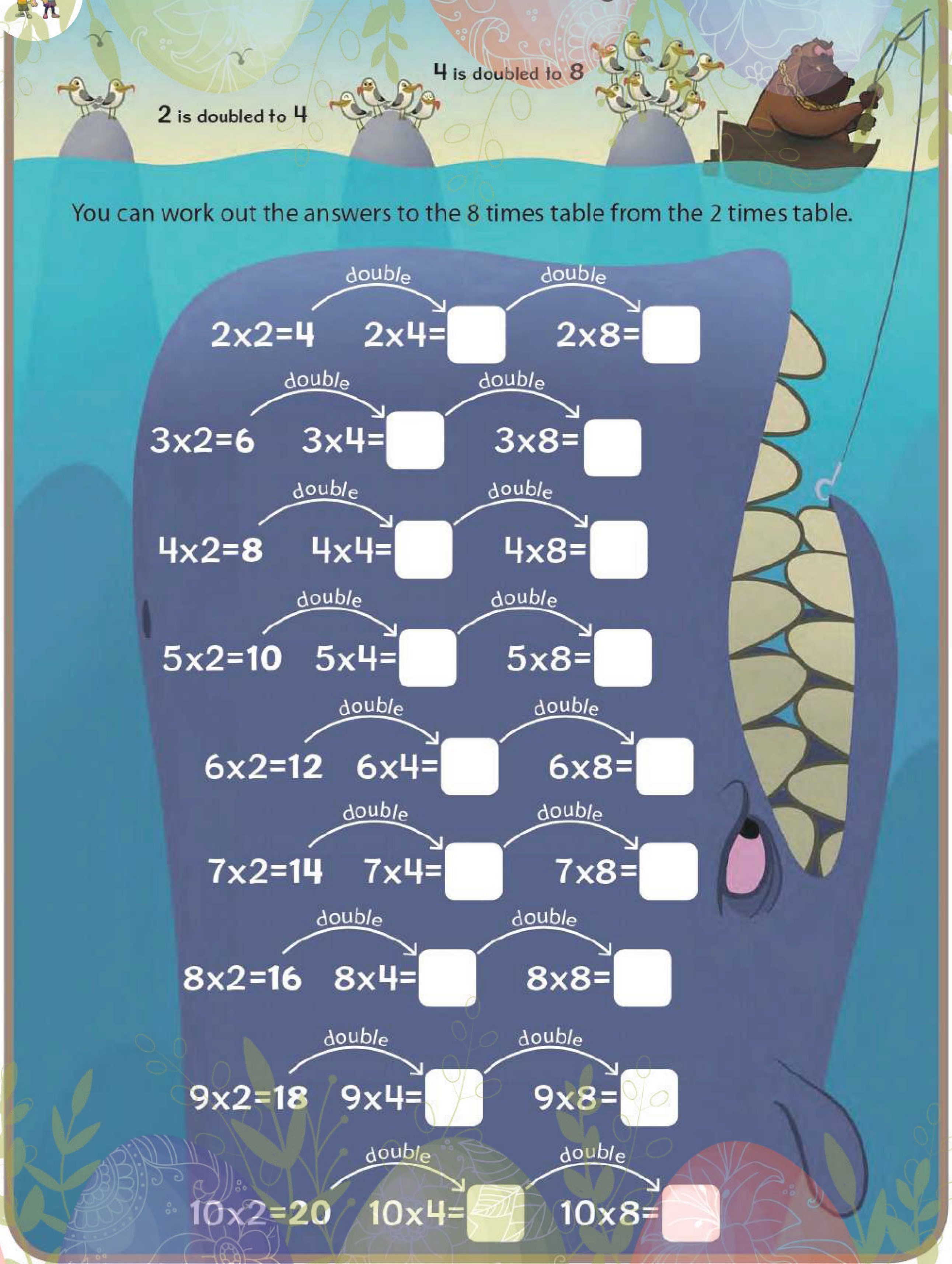
6x9=

7x7=

8x9=

3x6=

Double then double again



You can work out the answers to the 8 times table from the 2 times table.

$2\times2=4 \xrightarrow{\text{double}} 2\times4=\square \xrightarrow{\text{double}} 2\times8=\square$

$3\times2=6 \xrightarrow{\text{double}} 3\times4=\square \xrightarrow{\text{double}} 3\times8=\square$

$4\times2=8 \xrightarrow{\text{double}} 4\times4=\square \xrightarrow{\text{double}} 4\times8=\square$

$5\times2=10 \xrightarrow{\text{double}} 5\times4=\square \xrightarrow{\text{double}} 5\times8=\square$

$6\times2=12 \xrightarrow{\text{double}} 6\times4=\square \xrightarrow{\text{double}} 6\times8=\square$

$7\times2=14 \xrightarrow{\text{double}} 7\times4=\square \xrightarrow{\text{double}} 7\times8=\square$

$8\times2=16 \xrightarrow{\text{double}} 8\times4=\square \xrightarrow{\text{double}} 8\times8=\square$

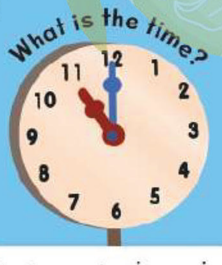
$9\times2=18 \xrightarrow{\text{double}} 9\times4=\square \xrightarrow{\text{double}} 9\times8=\square$

$10\times2=20 \xrightarrow{\text{double}} 10\times4=\square \xrightarrow{\text{double}} 10\times8=\square$

Learning Objective: recognise the hour hand and understand clockwise.

Who is Mr Hour?

Colour Mr Hour red. Write the time in hours under each clock.

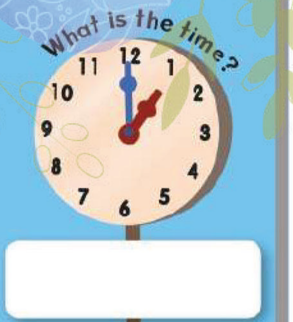

What is the time?
12
1
2
3
4
5
6
7
8
9
10
11

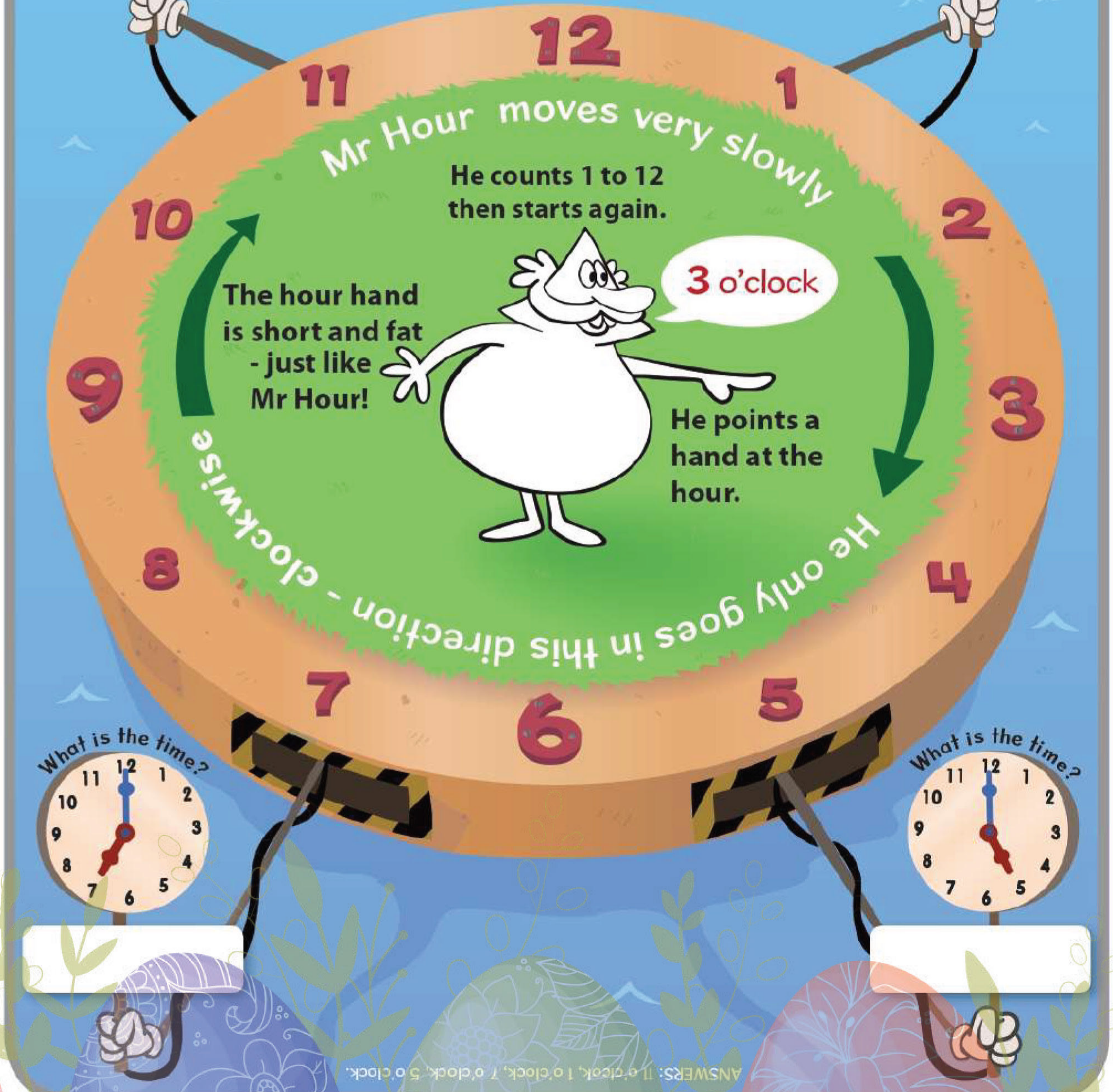
11 o'clock

Hour Facts

The hour hand goes around the clock twice in one day.

12 hours from midday to midnight and 12 hours from midnight to midday, make **24 hours in one day.**


What is the time?
12
1
2
3
4
5
6
7
8
9
10
11

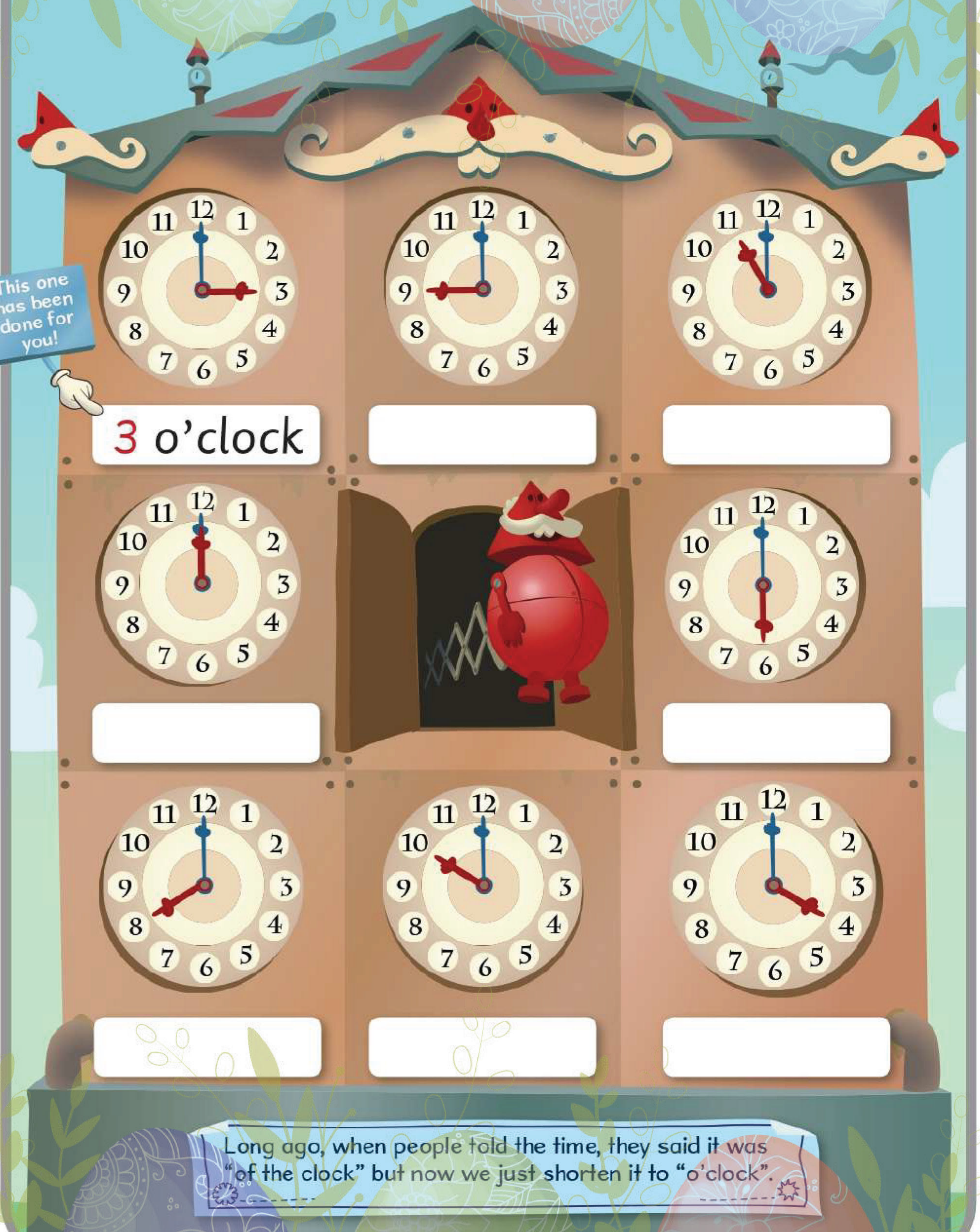

12
1
2
3
4
5
6
7
8
9
10
11
Mr Hour moves very slowly
He counts 1 to 12 then starts again.
3 o'clock
The hour hand is short and fat - just like Mr Hour!
He points a hand at the hour.
He only goes in this direction - clockwise
What is the time?
What is the time?

ANSWERS: 11 o'clock, 1 o'clock, 7 o'clock, 5 o'clock.

Learning Objective: read the time in hours.

Where is Mr Hour?

Look where the red hour hand is pointing. Write the time under each clock.


This one has been done for you!
3 o'clock

Long ago, when people told the time, they said it was "of the clock" but now we just shorten it to "o'clock".

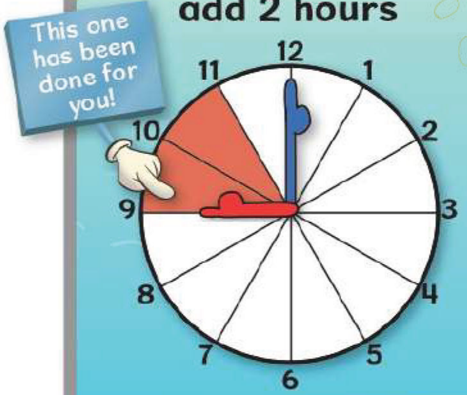
ANSWERS: 3 o'clock, 9 o'clock, 11 o'clock, 12 o'clock, 6 o'clock, 8 o'clock, 10 o'clock, 4 o'clock

Learning Objective: count on and identify a new time in hours.

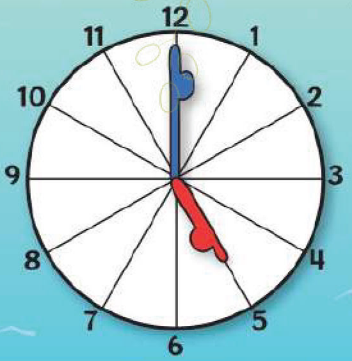
How Far Has Mr Hour Gone?

Look where the hour hand is pointing. Where will it be in a few hours time? Count on and colour in to show how far the hour hand will travel. What will the new time be?

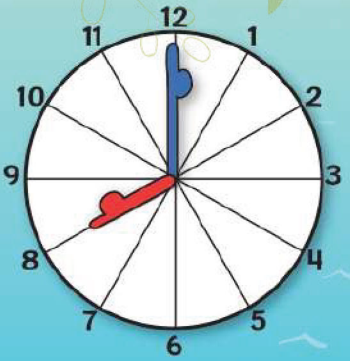
add 2 hours


This one has been done for you!
12 1 2 3 4 5 6 7 8 9 10 11

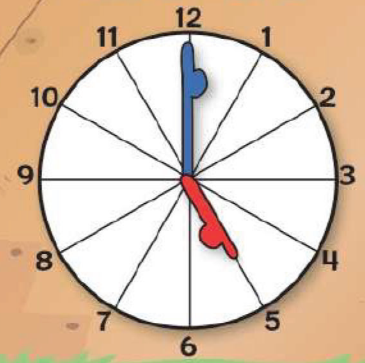
add 4 hours


12 1 2 3 4 5 6 7 8 9 10 11

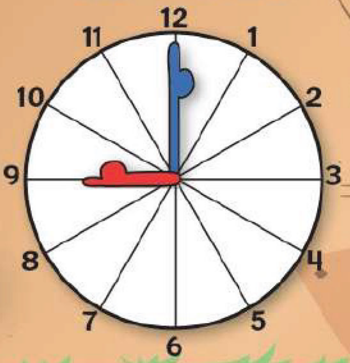
add 8 hours


12 1 2 3 4 5 6 7 8 9 10 11

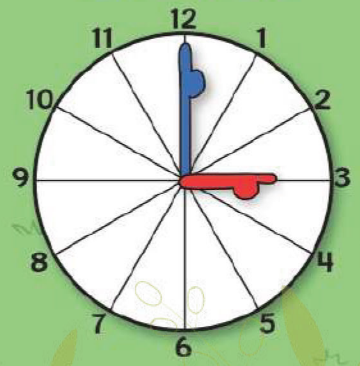
add 5 hours


12 1 2 3 4 5 6 7 8 9 10 11

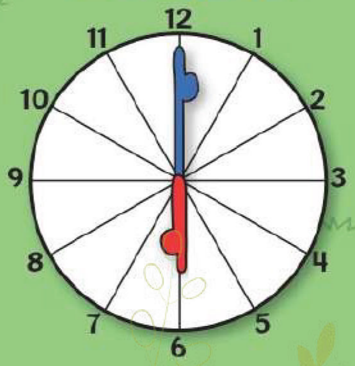
add 9 hours


12 1 2 3 4 5 6 7 8 9 10 11

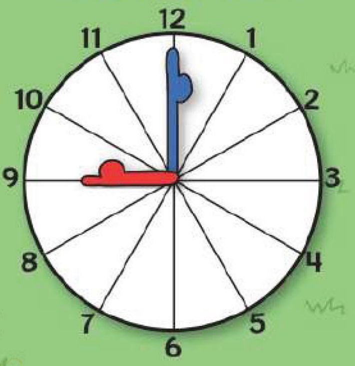
add 3 hours


12 1 2 3 4 5 6 7 8 9 10 11

add 6 hours


12 1 2 3 4 5 6 7 8 9 10 11

add 12 hours


12 1 2 3 4 5 6 7 8 9 10 11

The word 'clock' comes from the Latin for bell, 'clocca', because old clocks always sounded a bell on the hour.

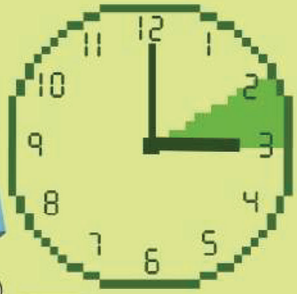
ANSWERS: 11 o'clock, 9 o'clock, 4 o'clock, 10 o'clock, 6 o'clock, 6 o'clock, 12 o'clock, 9 o'clock

Learning Objective: demonstrate the ability to count hours.

How Many Hours?

The dark part of the clock shows how many hours have passed. Count the number of hours and write them below.

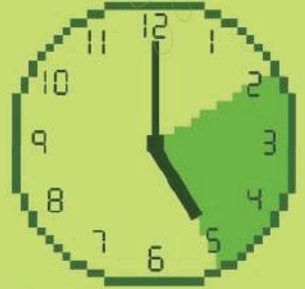
From 2 to 3 o'clock



This one has been done for you!

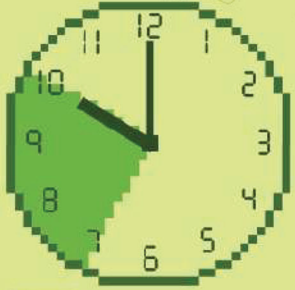
1 hour

From 2 to 5 o'clock



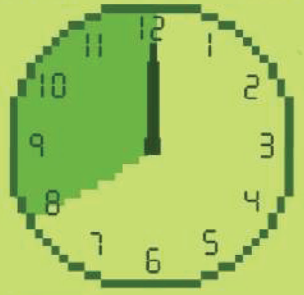
☐ hours

From 7 to 10 o'clock



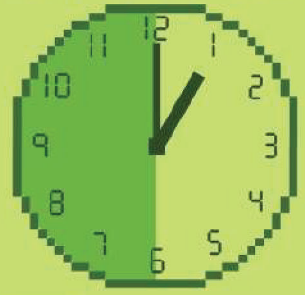
☐ hours

From 8 to 12 o'clock



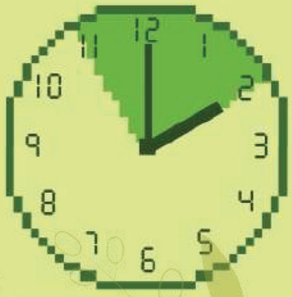
☐ hours

From 6 to 12 o'clock



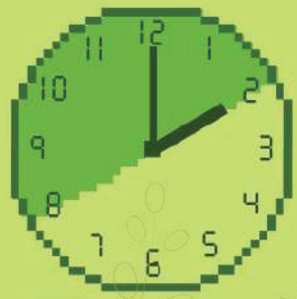
☐ hours

From 11 to 2 o'clock



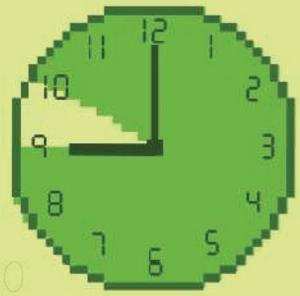
☐ hours

From 8 to 2 o'clock



☐ hours

From 10 to 9 o'clock



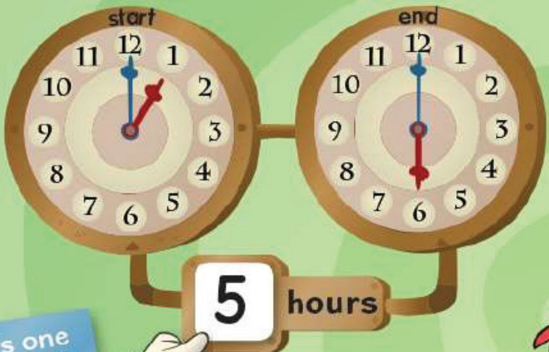
☐ hours

ANSWERS: 1 hour, 3 hours, 3 hours, 4 hours, 6 hours, 3 hours, 6 hours, 11 hours.

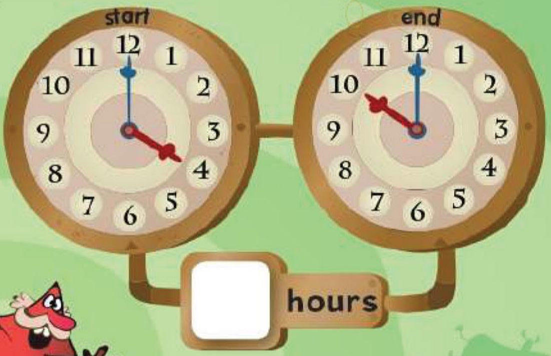
Learning Objective: identify time intervals between hours.

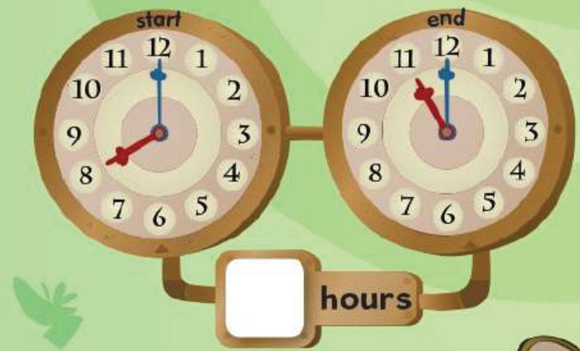
Mr Hour's Time Machine

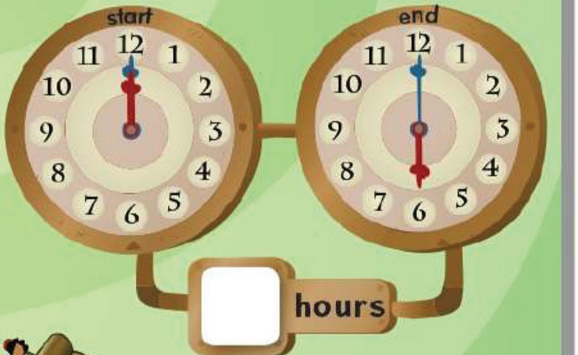
Each pair of clocks shows a different time.
How many hours have passed?
Count on from the starting time to find the answer.

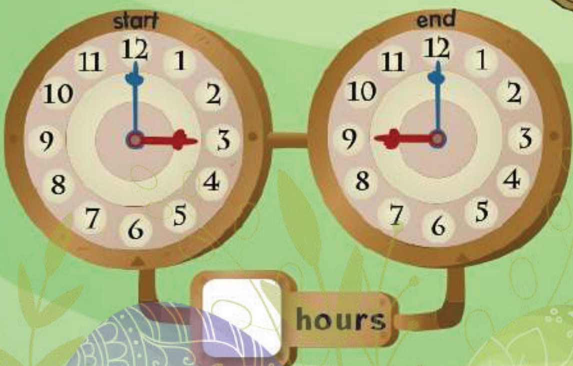

start
end
5
hours

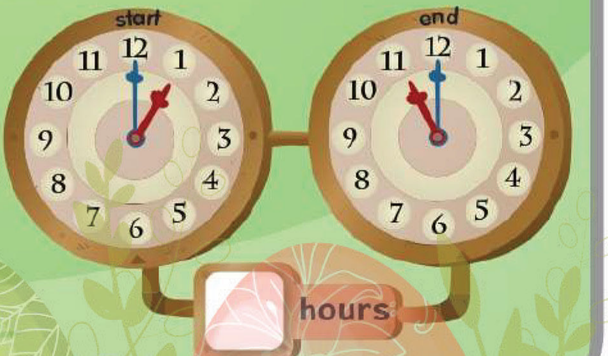
This one has been done for you!


start
end
hours


start
end
hours


start
end
hours

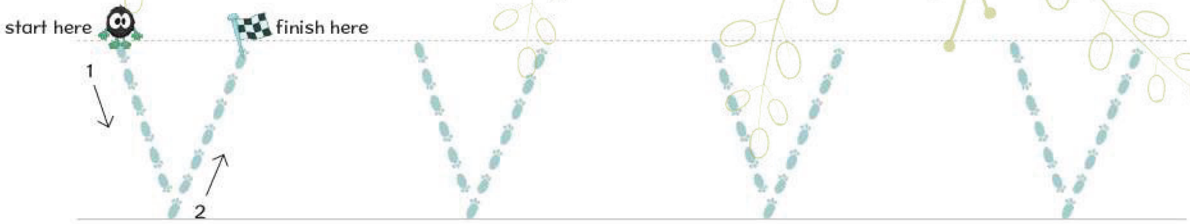

start
end
hours

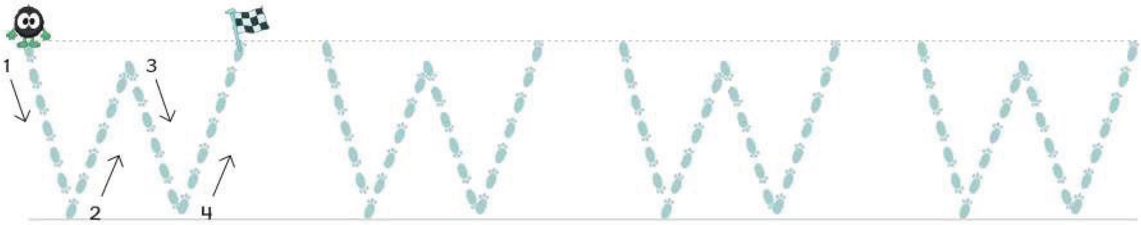

start
end
hours

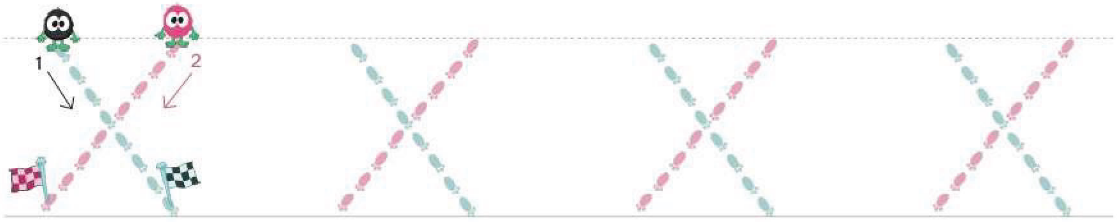
ANSWERS: 5 hours, 6 hours, 3 hours, 6 hours, 6 hours, 10 hours.

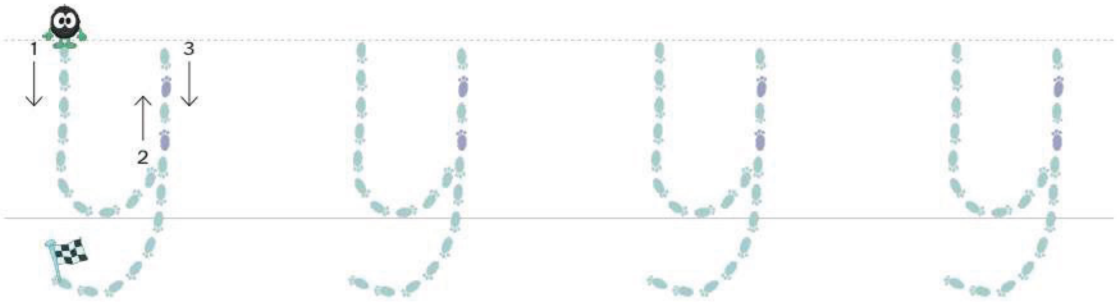
How To Play

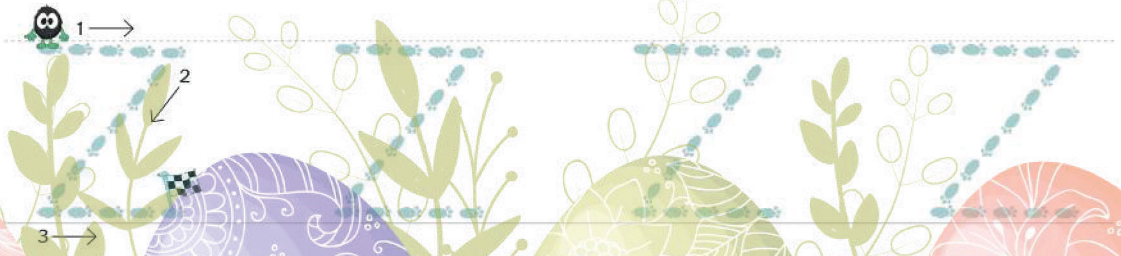
Place your pencil on the Hairy. Carefully trace a line along the footsteps.
Say the letter as you do it. Finish at the flag. Try the other letters.


start here
finish here
1
2









If you see a pink Hairy

When you reach the finish flag, lift off your pencil off the paper and go to the pink Hairy. Carefully trace another line to the pink flag.

Now write a word. Carefully trace a line along the footsteps.
When you have finished the last letter, blend the sounds together and say the word.

van

win

yes

box

buzz

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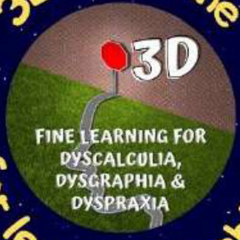
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